

# D75 FAMILY PEER GROUP

We invite you to attend our D75 Family Peer Groups. This is a great opportunity to obtain resources, learn, share, have fun and make connections with other each other.



**Saturday**  
**March 1st, 2025**



**Time**  
**10am-1pm**



**Location**  
**400 1st Avenue NY NY 10010**

## Agenda:

- **“Reflections Lead to New Beginnings”**

Spring is almost here and every step forward begins with understanding. By reflecting on our challenges and triumphs we unlock new perspectives, opportunities and growth. Raising children brings its own unique journey, filled with love, resilience and hope. Join us as we discuss how this growth for our children may be challenging but often rewarding.

- **“Advocacy Skills For Parents”**

Join us as Include NYC facilitates a workshop so that you can become your child’s best advocate and get them the support and services they need in any situation. Participants learn how to advocate for their child with a disability. They also explore the skills they need to navigate service systems, request evaluations and services, resolve disagreements, and communicate effectively.

- **SPEEK LYFE movement**

Activities with the non-profit organization to collaboratively uplift and share the stories of D75 families through music, lyric writing, film production, and promotional art.

**Lunch and Childcare will be provided!**

**REGISTER**

**<https://forms.office.com/r/pHaaJeqJft>**

